

# All Inclusive Painting Holidays in France

## Information Sheet and Example Itinerary



[www.LeSeguinet.com](http://www.LeSeguinet.com)

[www.TomShepherdArt.com](http://www.TomShepherdArt.com)



### INDEX

Page	
2	Summary – Dates and Basic Info
3	Painting Information – Mediums, ability and Advised Equipment
4	Advised Equipment cont. - Plein air kit and Studio kit
5	Advised Equipment cont. - Provided Kit and reference
6	Advised Equipment cont. - Transporting your paintings and Recommended Colours
8	Example Itinerary
9	Tutor Details and Testimonials
10	Extra Notes, Hosts & Accommodation details
11	Hosts & Accommodation details
12	Booking Details and Travel

## SUMMARY

### All abilities and mediums welcome

Painting weeks: **Sunday 21<sup>st</sup> – Saturday 27<sup>th</sup> May 2017**  
**Sunday 3<sup>rd</sup> – Saturday 9<sup>th</sup> September 2017**

**Full price** £895  
**Non painting partners** £595

25% deposit required on booking  
Balance due 6 weeks before course  
Painting days Monday – Friday  
Optional early arrival @ £85 per person per night. Food and Board.

To book your place please contact Tas or Martyn at [seguinet@lesequinet.com](mailto:seguinet@lesequinet.com)

**Come and paint surrounded by inspiration, beautiful landscapes and history.**

**Experienced tutor. Plenty of one on one attention with focus on personal development.**

All inclusive on site accommodation.

Breakfast and dinner provided. Basics provided for lunch for boarders to add to As there are extensive self catering facilities and other nearby options.

18 Acres of Beautiful grounds for you to enjoy in spare time as well as for out

**A fantastic area, full of things to do for a non-painter too!**



#### **All tutoring by Tom Shepherd:**

Tom is a professional artist and a supportive and experienced tutor looking to get the best out of any student with a focus on the individual needs of students and their personal development.

*“Tom's skills lie in encouraging and developing the potential in others. He shows patience, enthusiasm and a natural empathy with aspiring artists that make his workshops a real joy to attend, with excellent results.”* Paul Torr, Rugby Arts Society

**Accommodation and hosting** courtesy of Tas and Martyn at **Le Seguinnet** French Holidays. Luxury Gites and Chambre d'hotels in beautiful countryside of the Aquitaine Region of France.

**For bookings and more details please contact:**  
[seguinet@lesequinet.com](mailto:seguinet@lesequinet.com) **0044 (0) 7789697 297**

## All Abilities Welcome!!

**Absolute beginners through to experience painters, or simply those looking to come and paint somewhere difference with guidance and tuition as wanted.**

**Demonstrations will mostly be in Acrylics. Sketching and drawing will also be involved and students are welcome to use whatever medium they would like at any time.**

A large part of the focus will be on good foundational principles of painting that can be applied to a wide range of styles, subject matter and mediums. There will be a healthy amount of Plein Air work.

**A supportive, friendly and experienced tutor in a relaxed but productive atmosphere.**

**A mixture of focused Studio work and Plein Air painting and sketching.**

**There will be daily painting demonstrations given.**

### **All abilities welcome:**

Whatever your experience level you will hopefully find this a satisfying and ultimately informative and useful course.

A great introduction to painting in general, as well as an intro into these mediums, or opportunity to expand and build on your existing knowledge.

Plenty of one on one attention and guidance for personal development.



*Students painting on the grounds*



## Advised Equipment List:

If you have any queries at all please don't hesitate to contact Tom

The course will include a mixture of **studio** time and **plein air** work.

You are welcome to work in whatever way you please especially whilst working outside; whether that be sketching in pen or pencil, pastel, watercolour, gouache through to painting in oils or acrylics on canvas/panel/sketchbook.

Generally I would advise keeping things simple!

There will be a limited amount of basic materials to experiment with and try out but attendees are asked to please bring the bulk of what they require.

Please see below for recommendations and what other equipment will be in the studio.

## For plein air work:

**Simple and easily transportable is the name of the game here.**

- Minimum of a sketchbook and whatever mediums you feel comfortable with e.g. pencil, watercolour, gouache pen & wash etc...
- For those wanting to create small paintings on panels or in sketchbooks a small travel easel or pochade box would be great.

This can accommodate acrylics, oils and gouache, as well as the necessary accessories. (recommended paints & extras below)

- Useful extras:  
Camera/iPad for reference collecting  
Small fold up seat – Painting stools provided  
Attachable sun screen of some sort so at least the painting and palette are in the shade.



*The bamboo lake, a popular Plein Air spot on the grounds*



*Local Bastide Town Tournon D'Agénais. One of various local towns to sketch and paint in.*

## For the studio:

There will be a permanently set up studio so room for larger paintings and amounts of equipment if wanted. Please bring your usual painting kit you are comfortable with and can transport easily.

- Sketchbook and above kit
- Palette – Your usual palette or a travel/throwaway option
- Substrate to paint on. For ease of transport recommended canvas board/panels  
Basically please feel free to bring what you are comfortable with and happy to transport.  
8”x10” - 16”x20” are a good size. At least per day, more depending on working speed plus extra. Maybe 8 – 10. There will be limited number of gessoed boards available at a cost.
- Brushes - again whatever you are comfortable with.  
A couple of full sets of the Daler-Rowney Graduate Brush sets would be great.

Recommended minimum: Mixture of bristle and synthetic

1 small & 1 medium round, Range of flats small – 1', One larger flat, A couple of filberts

- Easel - Table easels provided that are more than sufficient for paintings up to 12” x 16”  
If you have a travel easel or pochade box this may be fine for studio  
For those wanting something a little larger I would recommend bringing a fold-able metal/wood floor standing easel.
- Painting medium optional depending on what you are used to, various possibilities, for example:  
**Acrylic** - One heavy/impasto medium and one flow enhancer. Water alone is fine

**Oils** – A wide variety of options but if you're new to this just keep it simple to start.  
Maybe medium to bulk out paint and enhance flow, solvent for washing out brushes supplied.

**Oils (water-mixable)** – Water is great for washes and brush cleaning. For thicker work I would definitely recommend the medium.

## Provided:

- Table Easels
- Jam jars
- Rags
- Basic set of oils, acrylics and brushes in house to borrow/experiment with.
- Thinner for washing brushes & painting e.g. white spirit/turpentine/turpenoid/zest it etc
- Painting stools for Plein Air

**Please note there will be limited number gessoed boards ready to work on at cost of:**

8” x 10” - £2 / 2.50 Eur

10” X 12” - £2.50 / 3 Eur

## Reference:

All though we will be painting outside and gathering reference there will also be demonstrations from photo reference. Some from photos taken on site during the week and if suitable from other sources too.

For studio sessions students **may** wish to bring there own photos to work from or photos on tablets etc. The course is also relaxed and flexible in terms of what students want to paint. The subject matter is entirely up to you and Tom will be there to guide and instruct as wanted.

There will also be a large box of reference photos with me covering a wide range of subject matters.



The views from the Mill and across the pond. Two great painting spots on Le Seguinets 18 acres.

## Painting Transportation

For acrylic paintings and gouache transportation is fairly straightforward. Especially if painting on panels, boards or paper etc

### For those painting in Oils:

Getting your work home again is something to consider.

Work done in the first couple of days may just about be dry enough, but for later work and thicker paint the oils will still be 'wet'.

For this I would recommend some sort of transport for wet paintings. This can be anything from a pochade box through to specialist systems for exactly this.

**One possibility:** [www.carriart.co.uk](http://www.carriart.co.uk)

## Recommended Colours

(Oils, Acrylic, Gouache, Watercolour)

In very general terms a warm and cool version of each primary and a white. Extras are exactly that, useful colours to add to the basic kit.

### Basics:

- Titanium White
- Burnt Umber
- Ultramarine Blue
- Pthalo Blue
- Yellow Ochre
- Lemon/Hansa Yellow
- Rose Madder/Magenta
- Cadmium/Naphthol Red

### Extras:

- Cerulean Blue
- Dioxazine Purple
- Cadmium Orange
- Raw Umber
- Ivory Black
- Some sort of tube green
- Light Ultramarine/Kings Blue Mid
- Any other colours you like!

## Example Itinerary



The itinerary is flexible and to a large extent will be gauged at the time. There's plenty of scope for painting and sketching out and about in local market and Bastide towns as well as medieval castles, churches and landscapes etc

Due to the heat in September we tend to start at 10 for three hours break for lunch at 1. Everyone to do there own thing for a few hours and the afternoon session to start around 3.30/4. Again this will be partly gauged at the time.

<b>Day</b>	<b>Morning</b>	<b>Afternoon</b>
Sunday	Arrival & Settling in	Arrival & Settling in
Monday	<p><b>Studio session/On the grounds</b> All meet for intro &amp; setup.</p> <p>Introductory look at basic principles of shape, colour, tone &amp; interpreting your subject matter. Illustrated practically with tutor demo.</p>	<p><b>Studio session/On the grounds</b> Guided painting with individual attention for each student.</p>
Tuesday	<p><b>Out &amp; about</b> Recap and going a little deeper into principles and techniques.</p> <p>Trip out to sketch and paint on location. Châteaux, Bastide towns and wonderful landscape all possibilities.</p>	<p>Depending on the group we may continue to paint outside <b>or</b> return to the studio to look at turning our plein air paintings, sketches and photos into finished paintings.</p>
Wednesday	<p><b>Out &amp; about</b> As above</p>	As above
Thursday	<p><b>Out &amp; about</b> As above</p>	As above
Friday	<p><b>Studio session:</b> Critique and recap and putting into practice the weeks foundational principles.</p>	<p>Guided painting. Debrief, chat and packing down.</p>
Saturday	Departure	Departure

## Tutor

All tutoring will be done by Tom Shepherd. For examples of his work please visit his website listed below. The aim is to create a fun, relaxed and productive atmosphere still geared towards learning and expanding students knowledge.

Tom is an experienced and supportive teacher, looking to get the best out of his students whilst really focusing on individual development. Each painter is different and has different ideas about where they want to take their painting and the one on one instruction will be sensitive to this.

Tom's approach is to encourage this individuality and creativity whilst giving students all the knowledge and tools to do this.

For examples of his work please visit his website [www.TomShepherdArt.com](http://www.TomShepherdArt.com)

Artist statement:

*"My paintings are a way for me to explore the wonder of the world around me. Everything from exotic wildlife and the intrigue of places and people far from home, to the simple shadows cast across a sunlit street right outside my front door. What fascinates me most is the way light brings a subject to life."*

## **Tutor Testimonials**

*"Thank you for the fabulous workshop. It really was tremendously enjoyable as well as beneficial in so many ways. Thank you for sharing all your secrets with us and mostly for the exceptionally generous individual attention you gave to each member, we were spoilt!"*

**Avrel, Northampton Art Society Workshop Organiser**

*"Tom is an enthusiastic and friendly teacher introducing us to new techniques and keen for us to improve our painting style while having fun."*

**Vanessa, regular workshop attendee**

*"Tom's skills also lie in encouraging and developing the potential in others. He shows patience, enthusiasm and a natural empathy with aspiring artists that make his workshops a real joy to attend, with excellent results."*

**Paul Torr, Rugby Arts Society**



"Little Beach" - Acrylics on Board



"Train in the Distance" - Oils on Canvas

## Extra Notes

### **Climate**

In early September the day temperatures are consistently in the early 30°C. We take a break in the heat of the afternoon but please prepare for hot sun and very warm weather.

The weather in late May is cooler in general but still fairly hot in the main heat of the day, so please be prepared for some heat.

### **Alcohol**

Some soft drinks are included but alcohol is not. Individuals are of course welcome to buy their own. Taz does make regular trips to local supermarkets so can pick up items on request. One option is do as previous groups have done and have a group kitty for alcohol.

Of course this is an area of great wine growing and great local produce.

## Accommodation and Hosts

### **Le Seguinnet**

Le Seguinnet is a 200 year old domaine (estate) in rural Lot et Garonne, in Aquitaine France.

It comprises three lettable properties, The Manoir, the Coach House and the Millers Cottage - all uniquely stylised and furnished by Tasnim.



**In restoring the properties we have tried to remain true to French country style creating a relaxing and beautiful place for you to enjoy your stay.**

**The 18 acre estate has lots of charming natural features with lots of water around.**

**As well as a main swimming pool, the property's boundary is defined by the small Briolance and Lemance rivers on two sides.**

There is a mill race and mill house (formerly a forge that made cannonballs for Napoleon's armies) from which the waters flow into small well stocked fishing lake.



### **Bonjour from your hosts Tas and Martyn Finnigan...**

"Welcome to our French home. Here's a little bit about us. Martyn and I met 30 years ago on a train to Darjeeling when he was doing voluntary work in a remote rural hospital in Bihar India. Over the years we have both travelled extensively. Martyn hitch-hiking and back-packing but now enjoying his travels just a little bit more comfortably!

For me, France represents my fourth home country, having been born in Calcutta, emigrated in my twenties to Toronto Canada, eventually moving to join Martyn at Stratford upon Avon in the UK and since 2009 making Le Seguinnet our summer home and main focus. We still love travelling, meeting new people and discovering off the beaten track locations. We invite you to share with us our love and enthusiasm for the region around Seguinnet.

Martyn is an accountant by training and was the financial director of a large UK law firm for over 20 years. Now he is a consultant for small to medium sized businesses. Sport has always been a passion having played football and rugby in his teens and twenties; a keen village cricketer for many years; he now restricts himself to a weekly game of golf off a modest handicap of 16. If you want to play at one of the golf courses local to Le Seguinnet he's more than happy to make up a four-ball. Any excuse to get away from cutting 18 acres of grass!

I have led an varied life working at a 3d animation company in Canada to property development in the UK and France. I speak a few different languages, with French being the latest addition. I enjoy talking to people and learning French has helped me integrate with the community. Along with my love of interiors, my latest passion is furniture upholstery and restoration. You can enjoy many examples throughout the properties. I love being hands on with everything to do with Seguinnet.

We have now been married for many years and the secret to our relationship, according to Martyn, is my cooking. Yes the old adage of a way to a man's heart is ..... is very true in this instance. I cook a few different cuisines, but his favourite is Indian. I sometimes cook for our guests if they fancy a change from French food.

Our doors are open from April to Oct and we look forward to welcoming you to our little piece of heaven.....Seguinet"

## **Booking Details and Travel**

Le Seguinet, Saint Front sur Lemance, Lot-et-Garonne, 47500 Aquitaine

Easiest airport to fly into is Bergerac. For a small extra fee pickup from the airport can be arranged.

There are plenty of things for the non-painter too as well as Seguinet itself being an amazing place to relax and enjoy!

25% deposit required on booking

Balance due 6 weeks before course

Optional early arrival @ £85 per person per night. Food and Board.

**Bookings and queries please contact Tas or Martyn:**

**[seguinet@lesequinet.com](mailto:seguinet@lesequinet.com)**

**0044 (0) 7789697 297**

**Alternatively you can contact Tom:**

**[tom@tomshepherdart.com](mailto:tom@tomshepherdart.com)**

**07980 611 267**

For any queries regards accommodation, the area and other activities etc please feel free to contact Martyn or Tas at the details below. For painting queries don't hesitate to get in touch with Tom.

**Thank you for taking the time to read through this and we look forward to hearing from you.**